September 2018

Lunch Prices Student Lunch: \$3.25 Reduced Lunch: \$0.40 Adult Lunch: \$4.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Labor Day - No School

4 School Closed

- · Macaroni & Cheese
- Soft Pretzel Stick
- Steamed Broccoli
- · Assorted Fresh or Chilled Fruit
- Milk Variety

Swap Out's

- Chicken Caesar Salad
- · Grilled Buffalo Chicken Wrap

6

13

Sauce

Garlic Breadstick

· Spring Mix Salad

Milk Variety

Swap Out's

Chicken Parm Hero

- Broccoli Italiano
- · Assorted Fresh or Chilled Fruit

· Pasta with Meatballs & Marinara

· Assorted Fresh or Chilled Fruit

Turkey BLT Sandwich

Milk Variety

Swap Out's

Turkey BLT Sandwich

7

- Pizza Day

 Bellas NY Style Pizza
- Caesar Salad
- · Assorted Fresh or Chilled Fruit
- Milk Variety

Pizza Day

· Milk Variety

Swap Out's

Stuffed Crust Pizza

· Italian House Salad

· Assorted Fresh or Chilled Fruit

· Grilled Cheese Sandwich

Swap Out's

14

· Grilled Cheese Sandwich



Lunch

The Village Charter School













10

- · Chicken Nuggets
- Confetti Brown Rice
- Green Beans
- · Assorted Fresh or Chilled Fruit
- Milk Variety

Swap Out's

- · All-Natural Beef Hot Dog on a Bun
- Chicken Tenders and

Lucky Tray Day

Cucumber Slices

Chicken Tenders

Milk Variety

Swap Out's

and

· Crispy Chicken BLT on a Roll

· Assorted Fresh or Chilled Fruit

· All-Natural Beef Hot Dog on a Bun

· Oven Baked French Fries

11

- · Beef Twin Tacos w/ Salsa
- Steamed Rice
- · Steamed Corn
- · Assorted Fresh or Chilled Fruit
- · Milk Variety

Swap Out's

18

· Milk Variety

Swap Out's

- · Hamburger on a Bun
- · Cheeseburger on a Bun

· Oven Baked French Fries

Cheeseburger on a Bun

· Hamburger on a Bun

· Assorted Fresh or Chilled Fruit

12

- BBQ Grilled Chicken Sandwich
- · Country Slaw
- · Vegetarian Baked Beans
- · Assorted Fresh or Chilled Fruit
- · Milk Variety

Steamed Rice

Milk Variety

Swap Out's

· Southwestern Corn

· Chicken Caesar Salad

Swap Out's

- · Chicken Caesar Salad
- · Grilled Buffalo Chicken Wrap

· Assorted Fresh or Chilled Fruit

· Grilled Buffalo Chicken Wrap

20

- · Sweet & Sour Chicken w/ Steamed
- Steamed Broccoli
- · Assorted Fresh or Chilled Fruit
- Milk Variety

Swap Out's

Turkey BLT Sandwich

· Assorted Fresh or Chilled Fruit

Pizza Day

Spring Mix Salad

21

Milk Variety Swap Out's · Grilled Cheese Sandwich

Pizza Crunchers w/ Marinara Sauce

24

· Grilled Cheese Sandwich

· Oven Baked French Fries

- · Tomato Soup
- · Local Fresh Bell Pepper Slices
- · Assorted Fresh or Chilled Fruit
- · Milk Variety

Swap Out's

- · All-Natural Beef Hot Dog on a Bun
- Chicken Tenders and
- · Oven Baked French Fries

25

- · Chicken Nuggets w/ Tater Tots & Soft Pretzel Stick
- · Local Fresh Cucumber Slices
- · Assorted Fresh or Chilled Fruit

· Milk Variety Swap Out's

- Hamburger on a Bun
- · Cheeseburger on a Bun

26

- · Scoop A Bowl w/ Salsa & Steamed ·
- Steamed Corn
- · Assorted Fresh or Chilled Fruit
- Milk Variety

Swap Out's

- · Chicken Caesar Salad
- · Grilled Buffalo Chicken Wrap

27

- Cheesesteak Hero with local Peppers & Onions
- · Sweet Potato Fries
- · Assorted Fresh or Chilled Fruit
- Milk Variety

Swap Out's

Turkey BLT Sandwich

28 Pizza Day

- Personal Pan Pizza
- Local Fresh Cucumber & Tomato
- · Assorted Fresh or Chilled Fruit
- Milk Variety

Swap Out's

· Grilled Cheese Sandwich