



The Village Charter School

September 2017 Lunch Menu

Farm Fresh Produce will be available from September 25th through the 29th. Look out for the Jersey Fresh Symbol on the lunch line!
Local produce decreases the food miles from the farm to your cafeteria. Local fruits and vegetables are in season and taste great!

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch \$3.25
 Reduced Lunch \$0.40
 Adult Lunch \$4.00

Maschio's Swap Outs

Monday: Turkey Ham & Cheese Hoagie
Tuesday: Hamburger on a Bun
Wednesday: Hot Dog on a Bun
Thursday: Grilled Chicken Caesar Wrap
Friday: Turkey Salad with Dinner Roll

NO PORK PRODUCT IS SERVED

Maschio's Swap Outs Available Daily

Yogurt Bag with Creamy Yogurt, Bagel, and Low Fat Cheese Stick

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
 Labor Day School Closed	No School	6 Half Day Welcome Back! Crispy Chicken Sandwich Freshly Prepared Tomato & Cucumber Salad with Fresh Basil Watermelon Sorbet Juice	7 Half Day Breakfast for Lunch French Toast Sticks Breakfast Sausage Sweet Potato Tots Fresh or Chilled Fruit	1 School Closed
11 Chicken Nuggets Soft Pretzel Stick Fresh Veggie Dippers Fresh or Chilled Fruit or Juice	12 BBQ Chicken Dinner Roll Seasoned Corn Fresh or Chilled Fruit	13 Lucky Tray Day Macaroni & Cheese Warm Breads Steamed Broccoli Fresh or Chilled Fruit or Juice	14 Philly Cheesesteak Sandwich French Fries Fresh or Chilled Fruit	8 Half Day Bella's Pizza New York Style Freshly Prepared Garden Salad Fresh or Chilled Fruit Or Juice
18 Popcorn Chicken with Dipping Sauces Buttered Noodles Carrots Fresh or Chilled Fruit or Juice	19 Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	20 Pasta with Meat Sauce Warm Garlic Breadstick Green Beans Strawberry Applesauce or Juice	21 SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	22 Mini Cheese Pizza Bagels Fresh Veggie Dippers Fresh or Chilled Fruit or Juice
25 Grilled Chicken Sandwich with Lettuce & Tomato Locally Grown Fresh Veggie Dippers Seasoned Potato Wedges Fresh or Chilled Fruit or Juice	26 Half Day Johnny Appleseed Day Grilled Cheese Sandwich Chicken and Rice Soup Freshly Prepared Garden Salad Locally Grown Apple	27 Corn Dog Nuggets Baked Beans Locally Grown Cucumber & Tomato Salad Fresh or Chilled Fruit or Juice	28 Pasta Alfredo with Locally Grown Roasted Vegetables Warm Breadstick Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	29 Breakfast Pizza New York Style Freshly Prepared Italian House Salad with Locally Grown Tomatoes Fresh or Chilled Fruit or Juice



Jersey Fresh Farm to School Week

Our well-balanced lunches available for the week, average between **600-650 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Questions or Concerns?

Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at:
 609-695-0110

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"