

The Village Charter School

October 2016 Snack Menu



Nutrition News:




Show your spirit this month for National School Lunch Week!

The meals offered in your cafeteria include a variety of fruit and vegetable choices, whole grains, fat-free or low-fat milk, and "right-sized" portions. Be sure to select all meal components to make it a complete, well-balanced lunch!



Check us out on Facebook :
Maschio's Food Services, Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Graham Crackers 100% Juice Choice	4 Cereal Bar 100% Juice Choice	5 Cheezit 100% Juice Choice	6 Pretzels 100% Juice Choice	7 Graham Crackers 100% Juice Choice
10 Columbus Day School Closed	11 Cereal Bar 100% Juice Choice	12 Goldfish Cheddar Cheese Crackers 100% Juice Choice	13 Pretzels 100% Juice Choice	14 Graham Crackers 100% Juice Choice
17 Graham Crackers 100% Juice Choice	18 Cereal Bar 100% Juice Choice	19 Cheezit 100% Juice Choice	20 Pretzels 100% Juice Choice	21 Graham Crackers 100% Juice Choice
24 Graham Crackers 100% Juice Choice	25 Cereal Bar 100% Juice Choice	26 Goldfish Cheddar Cheese Crackers 100% Juice Choice	27 Pretzels 100% Juice Choice	28 Graham Crackers 100% Juice Choice
31 Graham Crackers 100% Juice Choice	 Happy Halloween!			

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"

Healthy Meals Grow Healthy Kids!