



The Village

May 2018
Breakfast Menu

Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

take time for
**school
BREAKFAST**



NUTRITION NEWS:

May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast Pizza Assorted Fruit 100% Fruit Juice Milk Selection	2 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	3 Apple Cereal Bar Cheese Stick Chilled Fruit Low-fat or Fat-free Milk Selection	4 Egg & Cheese Bagel Sandwich Assorted Fruit 100% Fruit Juice Milk Selection
7 Breakfast Burrito with Salsa Chilled Fruit Low-fat or Fat-free Milk Selection	8 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	9 Whole Grain Donut Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	10 Assorted Cereal Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	11 French Toast Sticks Assorted Fruit 100% Fruit Juice Milk Selection
14 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	15 Breakfast Pizza Assorted Fruit 100% Fruit Juice Milk Selection	16 Mini Waffles Assorted Fruit 100% Fruit Juice Milk Selection	17 Breakfast Burrito with Salsa Chilled Fruit Low-fat or Fat-free Milk Selection	18 Sausage, Egg & Cheese on a Croissant Assorted Fruit 100% Fruit Juice Milk Selection
21 Whole Grain Donut Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	22 Bagel with Strawberry Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	23 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	24 Mini Cinnis Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	25 Mini Pancakes Assorted Fruit 100% Fruit Juice Milk Selection
28 Memorial Day  School Closed	29 Breakfast Pizza Assorted Fruit 100% Fruit Juice Milk Selection	30 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	31 Apple Frudel with Graham Crackers Chilled Fruit Low-fat or Fat-free Milk Selection	

MENU SUBJECT TO CHANGE

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