



# The Village Charter School

## May 2016 Breakfast Menu

Healthy Meals Grow Healthy Kids!



### Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

**Student Breakfast**  
\$2.00

**Reduced Breakfast**  
\$0.30

**Adult Breakfast**  
\$2.75

take time for  
**school**  
BREAKFAST



### Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, portobello mushrooms, asparagus, peaches, pineapples, apples, and more!



MASCHIO'S MAIN EVENT

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|---|--|--|---|--|
| 2<br>Assorted Cereal with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection   | 3<br>French Toast Sticks<br>Sausage Patty<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection  | 4<br>Muffin with Yogurt<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection  | 5<br>Cereal Bar with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection  | 6<br>Breakfast Egg and Cheese on English Muffin<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection  |
| 9<br>Assorted Cereal with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection   | 10<br>French Toast Sticks<br>Sausage Patty<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection | 11<br>Muffin with Yogurt<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection   | 12<br>Cereal Bar with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection | 13<br>Breakfast Egg and Cheese on English Muffin<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection |
| 16<br>Assorted Cereal with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection  | 17<br>French Toast Sticks<br>Sausage Patty<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection | 18<br>Muffin with Yogurt<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection   | 19<br>Cereal Bar with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection | 20<br>Breakfast Egg and Cheese on English Muffin<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection |
| 23<br>Assorted Cereal with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection  | 24<br>French Toast Sticks<br>Sausage Patty<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection | 25<br>Muffin with Yogurt<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection   | 26<br>Cereal Bar with Graham Crackers<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection | 27<br>Breakfast Egg and Cheese on English Muffin<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection |
| 30<br><b>Memorial Day</b><br><b>School Closed</b><br> | 31<br>French Toast Sticks<br>Sausage Patty<br>Assorted Fruit<br>100% Fruit Juice<br>Milk Selection |  <p><b>Celebrate World Food Week during lunch!</b><br/><b>May 16th-20th</b></p> |   |  |

MENU SUBJECT TO CHANGE



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: [www.maschiofood.com](http://www.maschiofood.com)



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