

# The Village Charter School

December 2016 Snack Menu



## Nutrition News:

During the cold winter months it is important to remember to stay on track with your healthy habits. Be sure to continue to eat well-balanced meals, get moving either inside or outside (be sure to dress warmly), and get enough sleep. By practicing these healthy habits you will feel energized for the cold months ahead!



Check us out on Facebook :  
Maschio's Food Services, Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>Pretzels</b> 100% Juice Choice	2 <b>Graham Crackers</b> 100% Juice Choice
5 <b>Graham Crackers</b> 100% Juice Choice	6 <b>Cereal Bar</b> 100% Juice Choice	7 <b>Cheezit</b> 100% Juice Choice	8 <b>Pretzels</b> 100% Juice Choice	9 <b>Graham Crackers</b> 100% Juice Choice
12 <b>Graham Crackers</b> 100% Juice Choice	13 <b>Cereal Bar</b> 100% Juice Choice	14 <b>Cheezit</b> 100% Juice Choice	15 <b>Pretzels</b> 100% Juice Choice	16 <b>Graham Crackers</b> 100% Juice Choice
19 <b>School Closed</b>	20 <b>School Closed</b>	21 <b>School Closed</b>	22 <b>School Closed</b>	23 <b>School Closed</b>
26	27	28	29	30

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"

Healthy Meals Grow Healthy Kids!